

U By Kotex Partners With Jessamyn Stanley To Launch New Product

New U by Kotex FITNESS* tampons, pads and liners designed for bodies in motion

DALLAS, May 1, 2017 /PRNewswire/ -- In new research from U by Kotex® , three in five women surveyed stated it is more difficult to exercise during their period and the majority reported opting for less challenging workouts.¹

Experience the interactive Multimedia News Release here: <https://www.multivu.com/players/English/8073651-u-by-kotex-findyourfitness/>

U by Kotex® is hoping to rid barriers with the launch of its latest innovation – U by Kotex® FITNESS. To meet the needs of people experiencing a period, the brand is introducing three new product offerings, including:

- **NEW U by Kotex Fitness Tampons** with a plastic FITPAK* so you can protect your protection. Durable, compact, and discreet, FITPAK* is designed to keep your tampons ready for use, wherever you stash them.
- **NEW U by Kotex Fitness Liners** have DualFlex Zones* that move with you to keep protection where you need it.
- **NEW U by Kotex Fitness Ultra Thin Pads** are shaped to fit and flex with your body, to stay in place so you don't have to.

Leading the conversation about working out on your period is yoga teacher and body positivity advocate Jessamyn Stanley. The intent of U by Kotex FITNESS is to open an honest dialogue about working out on your period, which is why the brand partnered with Jessamyn, who has accumulated an Instagram audience of 283K+ followers because of her ability to approach honest and authentic conversations.

"We have to get rid of that stigma of not being able to talk about totally normal parts of our bodies," explained Stanley "I talk to my students about having your period and practicing yoga quite frequently. There is strength in these things we've been taught to be embarrassed about."

"U by Kotex is proud to be working with Jessamyn Stanley to help women feel confident and comfortable in their bodies," said Kade Applegate, Brand Manager U by Kotex at Kimberly-Clark. "She represents women beyond the traditional notions of fitness into a holistic view of health and wellness. Her straightforward attitude, killer moves and admirable confidence is the embodiment of the spokesperson we want to represent U by Kotex FITNESS."

This launch is intended to expand on the brand's commitment to creating real change and making things better when it comes to periods, period experiences and the feminine care category.

U by Kotex FITNESS products, designed to empower active people experiencing a period to never let anything stand in the way of their progress, will be available nationwide starting May 1. Visit UbyKotex.com for a free

sample of new U by Kotex Fitness pads, tampons and liners and join the conversation online using #FindYourFITNESS.

About U by Kotex

Kimberly-Clark created the feminine care category with the launch of the Kotex brand almost 100 years ago. Now, U by Kotex, a full line of feminine care pads, liners and tampons, continues to push category boundaries. By providing outstanding protection and unique design, the brand brings women a better feminine care experience overall.

About Kimberly-Clark

Kimberly-Clark (NYSE: KMB) and its well-known global brands are an indispensable part of life for people in more than 175 countries. Every day, nearly a quarter of the world's population trust Kimberly-Clark's brands and the solutions they provide to enhance their health, hygiene and well-being. With brands such as Kleenex, Scott, Huggies, Pull-Ups, U by Kotex and Depend, Kimberly-Clark holds the No. 1 or No. 2 share position in 80 countries. To keep up with the latest news and to learn more about the company's 145-year history of innovation, visit Kimberly-Clark.com or follow us on [Facebook](#) or [Twitter](#).

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¹ According to a 2017 U by Kotex survey conducted with Survey Sampling Int.

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