

Kleenex® Brand Partners With Dr. Contessa Metcalfe To Help Everyone Prepare For Cold And Flu Season

65 percent of Americans are concerned about cold and flu season this year, compared to 50 percent last year

NEENAH, Wis., Dec. 3, 2020 /PRNewswire/ -- A recent survey¹ revealed 65 percent of Americans are concerned about the upcoming cold and flu season, and the Centers for Disease Control and Prevention (CDC) reports the cold and flu season typically peaks between December and February, with activity lasting until May. To help people better prepare for the entire cold and flu season, and help ease their concerns, Kleenex® brand is partnering with Bravo's Dr. Contessa Metcalfe, an occupational and preventative medicine physician, to help keep consumers well-informed.

"We know the importance of washing our hands and covering a cough or a sneeze, but as cold and flu season approaches, everyone needs to know that viruses spread through droplets from our nose or mouth. Use a Kleenex® brand facial tissue made with three layers to help protect your hands and dispose after use," said Kleenex® brand partner Dr. Metcalfe. "It's hard to predict how this season will unfold, but we can be proactive and practice sensible behaviors to stay healthy."

The survey also revealed 87 percent of Americans plan on preparing for cold and flu season in some way this year, and 80 percent are planning on buying items in preparation for the cold and flu season, with top items including disinfectant wipes, facial tissues and hand sanitizer.

"Keeping our hands clean and not touching our face have already been main priorities this year, but now that we're in cold and flu season, there's an added layer of complexity and stress we're all feeling to stay healthy," said Keegan Coulter, Kleenex® North America General Manager. "We are thrilled to partner with Dr. Metcalfe to bring awareness on how to help protect yourself and your loved ones this season."

This year, we know better than ever that frequent hand washing and practicing good hygiene is vital, but

constant hand washing and nose blowing can lead to other issues such as dry and irritated facial skin. To nourish your skin with moisturizers, reach for Kleenex® [Soothing Lotion™ tissues made](#) with three layers and moisturizing lotion to help protect skin.

Both Dr. Metcalfe and the Kleenex® brand are hopeful everyone will stay vigilant and healthy this cold and flu season. Find Kleenex® brand tissues online and at retailers nationwide. To learn more about Kleenex® brand products and offerings, please visit [Kleenex.com](#).

Methodology¹

YouGov, on behalf of Kleenex, surveyed 1,162 US adults ages 18+. The survey was fielded from October 21-22, 2020 with a margin of error of +/- 3% at 95% confidence.

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